Field Workers and Heat

With warm weather upon us, this is a good time to remind field supervisors about the resources available through Cooperative Extension to assist their employees in maintaining their workplace and personal health.

The Monterey County Cooperative Extension has a limited supply of work bandanas that convey heat stress prevention messages, wallet-sized pamphlets about heat stress, and brochures about the Cooperative Extension 1-800 service with pre-recorded messages about maintaining good health. To pick up your samples, contact Lennis at 759-7353.

All these resources mentioned are bilingual in English and Spanish. The Asistel phone number is 1-800-514-4494, and the web site is www.asistel.org.