



Cooperative Extension • Monterey County

# 4-H News Notes

## November, 2009



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## COUNTY EVENTS

### EMERALD STAR PROJECT: THE GREAT PUMPKIN

Submitted by: Mary Pezzini



Ashley, Bess, Jacob, Lauren and Steve McShane



Jacob Gumke, Bess Pezzini, Lauren Mocettini, and Ashley Wilson took on the project which started in April by germinating various types of pumpkin seeds, then planting them, continuing to water and fertilize and care for them throughout the summer. In July and August they were able to etch company names on some of the larger pumpkins. In September and October they were able to harvest the pumpkins. The goal of the project was to give back to the supporters of 4-H. They were able to deliver the pumpkins with company names to the companies to show their appreciation for their support of 4-H. They donated pumpkins to Coast Tel Credit Union for display for National 4-H week. With the extra pumpkins they sold them and made approximately \$ 650 for Ag against Hunger and Monterey County Food Bank.

On October 20,2009 the City of Salinas recognized Buena Vista 4-H, Natividad 4-H and Spring 4-H for their outstanding community service.



# MONTEREY COUNTY 4-H QUILT-A-THON ALERT!

Is your club or project looking for something really special in Community Service this year? Let's QUILT for Christmas!



The next Monterey County 4-H Quilt-A-Thon will be held on Sunday, November 15, 2009, 12 noon until 5 p.m. at the Ag Center, 1432 Abbott Street, Salinas. The finished quilts will be sent to the Walter Reed Army Medical Center for our wounded and recovering soldiers to brighten their holiday. Wouldn't YOU like to be part of this effort?

What do you need? A sewing machine in working order with its power core and foot control, pins, scissors (well marked) and an attitude to do a good Christmas deed.

And yes! We will be making "Comfort Bears" for the Monterey County Sheriff's Department once again. The number of bears previously donated was greatly appreciated by the Sheriff's Office.

Come join us on Sunday, November 15, remember to bring a drink (no open containers) and a snack, and we will have a wonderful afternoon. The event does qualify for Community Service hours. Feel free to contact Shere Machado for additional information if needed at 753-9249.

## CLUB NEWS

### SAN BENANCIO 4-H PUMPKIN DECORATING CONTEST

On October 13th San Benancio 4-H hosted their annual pumpkin decorating contest. The contest was held during their club meeting. The categories that were judged included famous person, most creative, best animal, happiest jack o lantern and silliest pumpkin. The members could not put any kind of holes in their pumpkins. This made it a little harder to decorate.



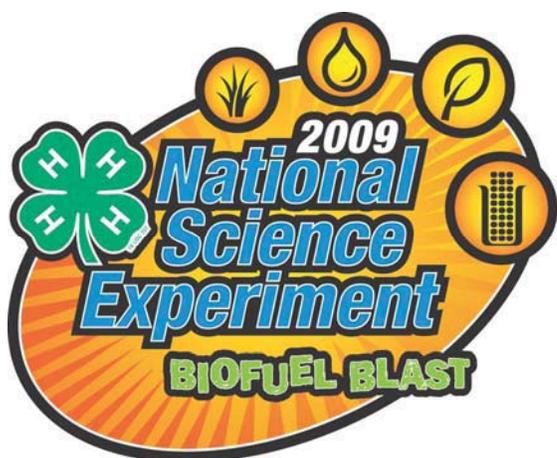
The winners were:

- Best animal** - Cole Mallett for his spider
- Famous person** - Jake Larronde for his pumpkin John Wayne
- Happiest Jack o lantern** - Breanna Walter for her happy pumpkin
- Silliest Pumpkin** - McKenzie Miller for her bird with feathers
- Most Creative** - Emma Horton for her jewel pumpkin

The pumpkin decorating committee worked hard. The committee members were Kristen Schock, Alden Miller, Nolan Dost, Audrey Dost, and Ali Sites. After the contest the committee members loaded all the pumpkins and took them to Madonna Manor for all the people to enjoy.

Cole Mallett, Jake Larronde, McKenzie Miller, Emma Horton and Breanna Walter

# NATIONAL 4-H WEEK DISPLAY AT COAST TEL BANK BY NATIVIDAD 4-H



Buena Vista 4-H members participated in the 2nd annual 4-H National Science Experiment. This year's 2009 science experiment, Biofuel Blast, sought to engage young people in one of the nation's hottest issues - biofuel. The 4-H creed encourages members to use their head, heart, hands and health to better their world. At their October club meeting members were reminded that it is important to understand, gain exposure to and develop a passion for the most important issues facing our nation today. Biofuels and alternative energy (like wind power) are big topics in the news right now, so club officers were pleased to devote part of the meeting to performing Biofuel Blast. In Biofuel Blast, participants attempt to produce ethanol using a plastic bottle, yeast, corn syrup, warm water and a balloon. During the process of fermentation the yeast releases two waste products, carbon dioxide (hence the balloon) and ethanol. In the experiment there is also a control bottle and another bottle which

contains recently harvested plant material in order to see if either will produce ethanol.

Did you know... today, roughly half of the gasoline sold in the United States includes 5-10% ethanol?

Submitted by: Deirdre O'Grady

## NOVEMBER EDUCATION/TRAINING INFORMATION

### 4-H and Leadership

By Sonya Varea Hammond

Leadership development is one of the key life skills that 4-H strives to promote. 4-H is a valuable vehicle for learning leadership. The Center for Creative Leadership (CCL) is one of the nation's premiere organizations that researches and teaches about leadership. A recent article published by CCL talks about researcher Joel Wright's work with youth and young adults. Dr. Wright's latest project focuses on teaching youth these seven components of leadership:

1. Who am I? This means developing self awareness, including personal strengths and weaknesses. It is also looking at how others respond to you, the effect you have on others, and how you connect to social groups.
2. What is authentic leadership? - What are the traits and characteristics of everyday leaders around you? What can you use or develop in yourself that will make you a constructive leader, in your own individual way? What will be your positive leadership legacy at school?
3. How does leadership exist in teams? We see it sports, but what about in everyday life situations? In a group setting, how do you help establish direction, alignment, and commitment?

4. How do I communicate? Words are powerful. Ask yourself, “Am I using words to increase respect and understanding? Do I listen carefully to others’ words?”
5. What do I do with conflict? The ability to respond effectively to conflict, and to even find value in it, is an underrated, and overlooked leadership skill. When do I get help? How do I respond to conflict? with fear? aggression? compassion? open dialogue? Do I make it better, or do I fuel the flames?
6. How do my values affect my actions? Take time to reflect. What ARE your values? How well aligned are your actions to your values? Do others know your values through your actions?
7. What is my vision? What is your vision for the next 10 years? This is the most important time of a teen’s life – when they are creating a mental vision that will influence the rest of their lives: where they will get post-high school training, what kind of job they will have, what traits they will seek in a life partner, what their unique gifts are and what their life’s work will be.

All these decisions are crucial, yet many young people haven’t thought beyond Saturday night. Think about these seven components. Use 4-H to develop them in yourself and others, and be deliberate about creating the future that you want, not just a future that “happens” to you.



## **FROM KING CITY BLUE RIBBON 4-H:**

**SAVE THE DATE:** King City Blue Ribbon 4-H is hosting a Monterey County 4-H Bowl-a-Rama for all members!!! (formerly known as Leadership Get Away). The date is Saturday, January 9, 2010, location TBA.

## **Buena Vista 4-H is offering two exciting Community Service opportunities for all Monterey County 4-H members in the Spring of 2010:**

1. **Million Trees Project.** A list of available trees to purchase, pricing and contact information will be included in January county News Notes.
2. **Youth Self Defense Class.** Members of the Monterey Rape Crisis Self Defense Team will lead a 1 1/2 hour class on youth awareness and self defense. Hosted by Buena Vista 4-H. Committee Chair Kassie McIntyre and the Buena Vista 4-H Leadership project. Location and date TBA.

**FROM YOUR PROGRAM REP.  
Wendy Grennan**

## **FURLOUGH DAYS FOR STAFF:**

Please note – Work Furlough days will be the 4th Friday of every month for Advisors.

Because of the State’s cuts to the University of California, County Director, Advisors and University 4-H staff (Wendy) have been required to take furlough days. No advisors and University staff will be available to the public on the 4th Friday of every month. They will also be unavailable due to furloughs the week between Christmas and New Years.

The office will remain open, staffed by the County employees who are not on furlough. They will take messages and accept samples to be dealt with by the advisors upon their return. We regret any inconvenience to the public.

For Wendy call (831)759-7386, for Lennis call (831) 759-7353

# STATE POLICY HANDBOOK

1. Can 4-H members fundraise for the benefit of external (non 4-H) organizations?

Fundraising to benefit an external organization may be engaged in if the county director approves it to be a valid 4-H YDP activity.

2. Can 4-H members fundraise for the benefit of a specific individual or small group of individuals?

4-H members may not raise funds for a specific individual or small group of individuals. For example, it would be inappropriate to raise funds to help the “Smith family” who were victims of a wildfire. It would, however, be appropriate to raise funds for the many “Families of Santa Barbara County who were victims of a wildfire.”

3. If a 4-H group wants to raise funds, how do they let the community know that the funds are not for the 4-H YD program?

When a 4-H group engages in a fundraising project to benefit another organization (for example, for the Red Cross), they must post a sign or otherwise make clear to potential donors that the funds will not be used to benefit 4-H, but rather to benefit the other organization (e.g., the Red Cross). In such a situation funds collected by members should be deposited into a UC account, followed by issuance of a UC check to the charity.

4. Can 4-H Units and Councils make donations to families or memorial funds?

No. 4-H units and councils may not make donations in the name of the unit or council to families or memorial funds. However, individual donations may be made outside of the unit or council. All monies received from 4-H YDP fundraising programs, except those necessary to pay reasonable expenses, must be expended to further the 4-H YDP educational programs

5. How should a 4-H unit receive or accept a gift?

With the exception of small-scale fundraising, 4-H units should not receive donations directly from donors. As the 4-H unit has no status as a legal entity, all donations should be made payable to UC Regents. When the UC Regents receive gifts, adult volunteers are protected from any potential liability. Potential liability concerns may be especially significant for a gift of property and/or a large endowment. Large endowments must be held by the Treasurer of the UC Regents.

6. What if a donor wants to donate property?

A gift of property is processed as an in-kind donation. The ANR Development Director can provide guidance and direction to the processing of such a gift.

## FAIR INFORMATION

### SALINAS VALLEY FAIR

It is that time of the year, time to apply for The Heritage Foundation Livestock Scholarship (formerly known as “The Livestock-a-thon Scholarship”. The Heritage Foundation Livestock Scholarship is one of our more successful fund raisers to date having contributed over \$400,000.00 so far. We are asking your help in raising more funds. We are again offering a \$1,500.00 scholarship to be used upon graduation from high school to the student who raises our “Heritage Animal” along with paying all expenses incurred in raising this animal. The student who raises this animal will also receive an additional \$500.00 cash award to use as they wish.

We are accepting applications from high school aged students only. Deadline for the entry of applications to raise the “Heritage Animal” is November 20, 2009, after which point we will determine the dates and times of interviews with the committee. The winner will be announced in December before Christmas. Questions or comments please feel free to call: Sydney Tugel, 831-595-0129 or email: [WildOak714@aol.com](mailto:WildOak714@aol.com)

[LINK HERE](#)

### MONTEREY COUNTY FAIR

The Monterey County Fair will move to September 1-6 next year, ending on Labor Day. The move comes as the state fair moves from late August through Labor Day to the last two weeks of July. “The Fair is in the Air” has been chosen as the theme for the 2010 fair.

(Excerpts from the Monterey County Herald – Lane Wallace)

# OPPORTUNITIES FROM THE STATE 4-H OFFICE

## LEADERSHIP CONFERENCE OF REGIONAL TEENS

WHAT: Leadership Conference Of Regional Teens (LCORT)

WHEN: Jan. 29-31, 2010 / Check-in time: Jan. 29, 6-9 p.m.

WHERE: Wonder Valley Ranch  
6450 Elwood Road  
Sanger, CA 93657

WHO: \*7th-9th Grade 4-Hers

\*County Leadership Teams (10th Grade & Above)

\*State Ambassadors, Leaders and Staff

COST: \$105.00 – includes 2 nights lodging, 4 meals, (starting Saturday morning), snacks, and all registration materials (\$115 after December 1, 2009)

THEME: Life is not a dress rehearsal... Take the Leading Role!

WHY: To define and develop your leadership abilities. To have an opportunity to meet and share ideas with other youth your age. To expand your perspective on the world around you and to have an enjoyable time.

YOUTH APPLICATION: <http://ucce.ucdavis.edu/files/filelibrary/5856/40664.pdf>

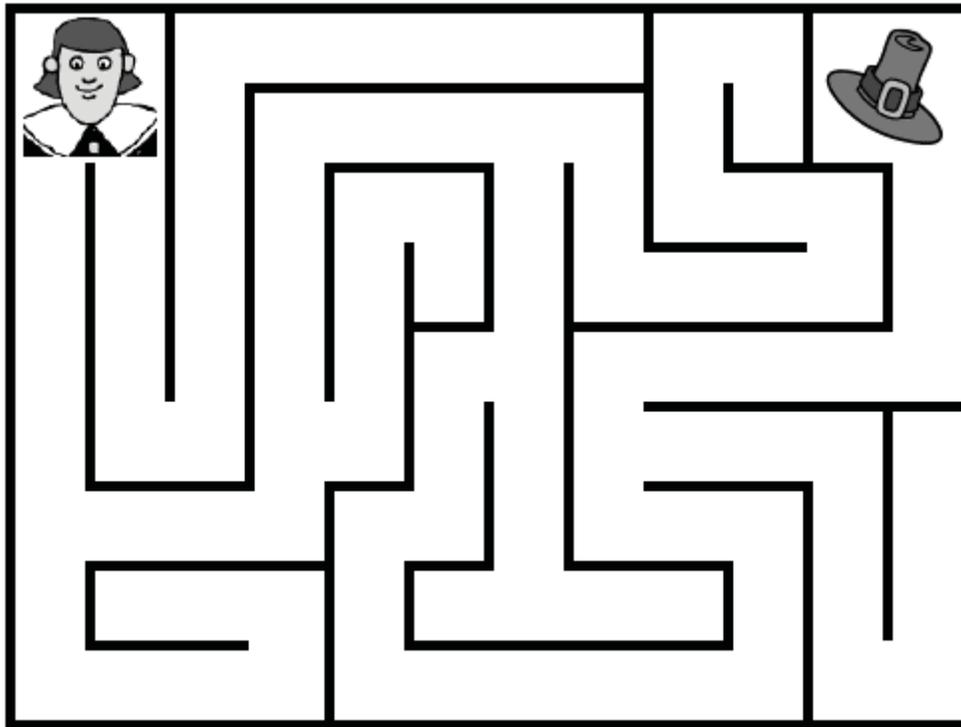
ADULT APPLICATION: <http://ucce.ucdavis.edu/files/filelibrary/5856/40665.pdf>

*Life is not a  
dress rehearsal...*



Take the  
Leading Role!

## JUST FOR FUN



Help the Pilgrim find his hat

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# **IMPORTANT DATES TO SHARE**

## **NOVEMBER 2009**

Friday - Sunday, November 6 - 8	State Leader's Forum at Asilomar Conference Center
Wednesday, November 11	Holiday - Office Closed
Tuesday, November 17	Leaders Council Meeting 7 p.m. at the 4-H office
Wednesday, November 18	News Notes articles and pictures due to the 4-H office
Thursday - Friday, November 26 - 27	Holiday - Office Closed & Friday Furlough Day

## **DECEMBER 2009**

Tuesday, December 1	LCORT applications due
Tuesday, December 15	Leaders Council Meeting 7 p.m. at the 4-H office
Wednesday, December 16	News Notes articles and pictures due to the 4-H office
Thursday - Friday, December 24 - 25	Holiday - office closed
Monday - Wednesday, December 28 - 30	Furlough Days for Advisors (Wendy)
Thursday, December 31	Holiday - office closed

# **IMPORTANT DATES TO SAVE**

## **JANUARY 2010**

Friday, January 1	Holiday - office closed
Saturday, January 9	Monterey County Bowl-a-Rama (formerly known as Leadership-Get-Away) hosted by King City Blue Ribbon 4-H
Thursday, January 28, 2009	First Camp meeting for Counselors
Friday, January 29 - Sunday, January 31	LCORT

## **FEBRUARY 2010**

Saturday, February 20	Project Field Day
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**Next Leader's Council Meeting:**  
**Tuesday, November 17,**  
**7 p.m.**  
**at the 4-H Office -**  
**1432 Abbott Street.**



# November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6 <i>State Leader's Forum at Asilomar begins</i>	7
8 <i>State Leader's Forum at Asilomar ends</i>	9	10	11 HOLIDAY <i>Office Closed</i>	12	13	14
15	16	17 Leader's Council Meeting 7 p.m. at the 4-H Office	18 <i>News Notes articles and pictures due</i>	19	20	21
22	23	24	25	26 HOLIDAY <i>Office Closed</i>	27 HOLIDAY & FURLOUGH DAY <i>Office Closed</i>	28
29	30					

**2009-2010 Monterey County 4-H Leaders Council**

**PRESIDENT 2009-2011**  
 Sally Eldredge  
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**1ST VICE PRESIDENT 2008-2010**  
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**2nd VICE PRESIDENT 2009-2011**  
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 Paula Mallett  
[mallett@mbay.net](mailto:mallett@mbay.net)



# December 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 LCORT Applications due	2	3	4	5
6	7	8	9	10	11	12
13	14	15 <i>Leader's Council Meeting 7 p.m. at the 4-H Office</i>	16 <i>News Notes articles and pictures due</i>	17	18	19
20	21	22	23	24 HOLIDAY <i>Office Closed</i>	25 HOLIDAY <i>Office Closed</i>	26
27	28 <i>Furlough Day</i>	29 <i>Furlough Day</i>	30 <i>Furlough Day</i>	31 HOLIDAY <i>Office Closed</i>		



Contact the office 72  
hours in advance for  
special accommodations.

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