

Cooperative Extension • Monterey County

4-H News Notes

October, 2008



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ANNUAL FALL TRAINING DAY



Saturday October 25th, 2008 At the 4-H Office 9:00am - 12:30pm

Featuring...

9:00-9:15 CHECK IN 9:15-9:30 WELCOME 9:30-12:30 WALK INS FOR:

4-H ONLINE ENROLLMENT - Small Conference Room

VOLUNTEER FINGERPRINTING - Large Conference Room Foyer

To Make The Best Better!

University of California, U.S. Department of Agriculture, and County of Monterey cooperating

SESSIONS:

SESSION I – 9:30-10:30 Volunteer Orientation - Large Conference Room Emerald Star Projects – Large Conference Room

SESSION II – 10:30- 11:30 Treasurer's Training – Large Conference Room

Monterey County 4-H Website – Large Conference Room

SESSION III - 11:30 – 12:30 Project Leaders – Large Conference Room Secretary's Training –Large Conference Room

Please download the registration form from the 4-H County Website: http://cemonterey.ucdavis.edu home page.

Pre-registration is due by Monday October 20th, 2008. A minimum of 25 participants is needed by the 20th in order to hold the event. Walk in registration is limited to room space and seating. Don't wait, register now!

APPLICATIONS FOR MONTEREY COUNTY ALL-STARS...

has been extended to **Friday October 10th**. A huge thank you to Andrea Wasson and Andi Roche for volunteering to be All-Star Advisors and keeping this program alive! If you have reached Gold Star rank and are interested please go to the county website at http://cemonterey.ucdavis.edu to download the application. If you have questions or need assistance please call Wendy at 759-8386 or email at wdgrennan@ucdavis.edu.

1432 Abbott Street • Salinas, CA 93901

phone 831.759.7360 fax 831.758.3018

http://cemonterey.ucdavis.edu

EMERALD STAR PROJECT by Lizzie Prader

My name is Lizzie Prader, I'm from the Buena Vista 4-H Club, and for my Emerald Star Project I will be holding a mock presidential election. I will also have a speaker and a powerpoint on the U.S. Election Process.

I would like to invite you to join me for this event...it will be a very fun and educational night!



Date: October 14, 2008 Time: 7:40-8:30 PM Location: County Offices 1432 Abbott St., Salinas



***For attending this event, you can get credit in your record book for attending an event, citizenship, and participating in an organized "Make a Difference Day" event.

STATE RECORD BOOK JUDGING

Time Line

October 24, 2008 - Books Due to the County

October 31, 2008 - Books Due

December 5 - 7, 2008 - State Judging

Age Eligibility for the 2008 Competition: Senior 4-H members (at least 14 years of age and no older than 19 years old by December 31 of the program year for which the book is being entered) are eligible to enter state competition. This means that 4-H member born anytime in 1989, 1990, 1991, 1992, or 1993. (between January 1, 1989 and December 31, 1993.) are eligible.

State 4-H Cover Page - The State 4-H Judging Cover Page must be included with 4-H Record Books entered for State Judging. The Cover Page may not be altered. 4-H Record Books missing the Cover Page will be reason for disqualification.

County Check Sheet - A county check sheet must be included with 4-H Record Books entered for State Judging. A committee, authorized by the County 4-H Office, must complete the checklist and ensure the completeness of the 4-H Record Book. 4-H Record Books missing the Check Sheet will be reason for disqualification.

Previous Years Materials - Materials from all previous years in 4-H must be removed and replaced with a summary of your previous involvement in 4-H (the 4-H member may include all involvement as a 4-H member, including primary). These pages must be placed at the back of the 4-H Record Book and must conform to the standard formatting and page guidelines. More information is available in the 4-H Record Book Manual on page 35 - 36.

Fore more information please visit http://www.ca4h.org/4hresource/ir/recordbook/competition.asp

CITIZENSHIP OPPORTUNITIES ARE BLOSSOMING

Do you need more citizenship opportunities for yourself or club? The City of Salinas recently conducted a voting contest to select it's official flower and the Chrysanthemum was selected. Now, the Buena Vista 4-H and Spring 4-H Leadership projects are hosting a "kick off" event at McShane's Nursery in S. Salinas to celebrate on **Saturday**, **November 1st**. The Mayor and City Council will be on hand. You are invited to submit ideas on what can be done between the event slated for 10am-2pm or, simply show up in top half fair uniform and support what has been planned.

For more information, contact Lorin Lurz $\underline{vocalpoint@aol.com}$ or Nancy Thorp $\underline{nancythorp07@comcast.com}$

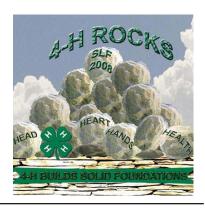


2008 STATE 4-H LEADERS' FORUM

November 7-9, 2008

Get ready to rock the second weekend in November at California State 4-H Leaders' Forum. the 2008 Forum will be **November 7-9** at beautiful Asilomar Conference Center in Pacific Grove, hosted by the South Central Section. The theme is "4-H Rocks." Volunteer leaders and staff will be "Building Solid Foundations" together for the 4-H youth development program. For more information please visit

http://www.ca4h.org/conference/slf/index.asp



Fur & Feathers 2nd Annual 4-H All Breed Shows & Jr. Showmanship Events

Cavy * Poultry * Rabbit
Saturday, November 15th, 2008 Ventura Fairgrounds Seaside Park
10West Harbor Boulevard Entries Due Thursday, October 30th Find Flyer & Premium Books at
http://ceventura.ucdavis.edu/

For more information contact Show Superintendent: Susan Trockey 805-480-9976 or stdesign@roadrunner.com For Sales Tables contact: Kitty Beckmann at nosmurfs@adelphia.net



Hosted by Ventura County 4-H SAS PDC 4-H Youth Welcome Medaling Events: Showmanship, BIS & RBIS! (Youth must be enrolled in project to medal.)



QUILT-A-THON ALERT!

Shere Machado



et's do something really special for the Holidays this year! How about it? Let's QUILT for the Holidays.

The next Monterey County 4-H Quilt-A-Thon will be on **Sunday November 16, 2008**, 12 noon to 5 p.m. at the Large Conference Room in the 4-H Office 1432 Abbott Street, Salinas, CA. Here's the scoop: it is hoped that all the quilts made on that day reflect the Holiday Spirit. The finished quilts will be sent to the Walter Reed Army Medical Center to our wounded and recovering soldiers to brighten their Holiday. Wouldn't YOU like to be part of this effort?

What do you need? A sewing machine in working order with its power cord and foot control, pins, scissors (well marked) and an attitude to do a good Holiday deed.

And yes, we will be making "Comfort Bears" for the Monterey County Sheriff's Department once again. The number of bears donated was greatly appreciated by the Sheriff's Office, and you bear-stitchers are to be commended for your fine contribution.

Come join us on **Sunday November 16th**, remember to bring a drink (no open containers) and a snack, and we'll have a wonderful afternoon. This event does qualify for Community Service hours.



Effective July 1, 2008, the new enrollment fees for the 2008-2009 year will be: Youth Members = \$26 Adult Volunteers = \$10



LEADERSHIP CONFERENCE OF REGIONAL TEENS

WHAT: Leadership Conference Of Regional Teens (LCORT)

WHEN: Jan. 30-Feb. 1, 2009 / Check-in time: Jan. 30, 6-9 p.

WHERE: **Wonder Valley Ranch**

> 6450 Elwood Road Sanger, CA 93657

*7th-9th Grade 4-Hers WHO:

*County Leadership Teams (10th Grade & Above)

*State Ambassadors, Leaders and Staff

FIND YOUR INNER SUPERHERO!

4-HERS TO THE RESCUE ...

LCORT 2009

COST: \$95.00 – includes 2 nights lodging, 4 meals, (starting Saturday morning),

snacks, and all registration materials (\$105 after December 1, 2008)

4-Hers to the Rescue! Find Your Inner Super Hero! THEME:

WHY: To define and develop your leadership abilities. To have an opportunity to

> meet and share ideas with other youth your age. To expand your perspective on the world around you and to have an enjoyable time.

For more information please visit http://groups.ucanr.org/SC4H/index.cfm

FOR YOUR INFORMATION

- During the enrollment process please remember that members enrolled in livestock projects must also be enrolled in a non-livestock project in order to enter their animal at fairs, per Fair Policy.
- The State 4-H Office will be revising the format for Club Constitutions and By-Laws once again before the New Year (January 2009). The 4-H Program Representative will keep you updated and will advise on how we will proceed after the new year.
- At the October Council Meeting, we will begin reviewing the Livestock Policy for revisions.

GOING GREEN by cutting back on our use of paper...

As discussed at the September Council Meeting... Monterey County 4-H Council would like to eliminate hard copies of the News Notes once all the family email address from each club are up and running. Thanks for your help in saving trees!

CURRICULUM BINDERS

are available for check out at the 4-H Office (831)759-7360

- Child Development
- Consumer Savvy
- Entrepreneurship
- Leadership
- Service Learning
- Microwave Magic
- Horse
- Woodworking

- Fantastic Foods
- Swine (2nd copy)
- Photography
- DVD'S:
- Geospacial
- **BOOKS:**
- Standard of Perfection
- (Standard Bred Rabbits & Cavies 2006-2010)
- Raising Better Rabbits & Cavies (Official Guide Book)



MEAT GOATS AT MONTEREY COUNTY FAIR

What was all the excitement at the Monterey County Fair? Most likely the Meat Goats! The second year to be in the goat barns and the first year for auction, those darling goats got lots of looks and lots of prizes.

Seven 4-H members brought one boar mix for market and showmanship ranging in weights of 45 to 105 pounds. These gentle ruminants are easy to raise and very curious.

Leaders who helped the kids raise and enter the goats included Deirdre O'Grady from Buena Vista 4-H, Karen Ivey of Spring 4-H and Barbara Brown from Aromas 4-H. Some of the members had other market animals making time management between the responsibilities challenging.

Meat Goat showmanship and market was held on Tuesday morning leaving the kids plenty of time to educate the public. "Goat meat is very lean and very much in demand here in the United States" said Diedre O'Grady. "The kids brought their goats out to meet the public and handed out a number of flyers. They also worked hard on making informational posters".

During the auction lunch, the leaders combined efforts and grilled goat meat sausages for the participants to try. Each member wore a brightly colored apron with goat art and handed out samples while talking to potential buyers. Barbara Brown provided the serving supplies saying "the kids really put in the effort to make sure the lunch goers would consider goat meat".

Immediately after lunch the market goats went on stage. "The energy really picked up when the champion, reserve champion and other market weight winners got up for auction" said Karen Ivey. "The price took off from \$4 and went to \$25 per pound for the champion".

Both the winner of Junior (Lauren Ivey) and Senior (Ivy Lurz) meat goat showmanship moved on to Round Robin and did well. Lauren received 1st place and Ivy came in 3rd. Not bad for a couple of "Kids"!

To find out more about Meat goats for your member or club, contact any of the Leaders listed above or contact the County Office.



2008 POSTAL SHOOT RESULTS

RIFLE OPEN SIGHTS RESULTS

Joshua Weishaar Spring 4-H Trophy Michael Russo Spring 4-H Trophy Preston Coulson Spring 4-H Gold

.22 RIFLE TELESCOPIC RESULTS

Michael Russo Spring 4-H Silver Jocelyn Baty Spring 4-H Gold

COMPETITION RIFLE RESULTS

Lukas Gularte Buena Vista 4-H Bronze



MONTEREY COUNTY FAIR CARCASS CONTEST RESULTS

GOLD SEAL

Sarah Hoag San Benancio 4-H Belt Buckle

Kelsey Phillips Natividad 4-H Kenny Jefferson Spring 4-H

CARCASS OF MERIT

Lauren Ivy Spring 4-H
Lauren Grant Lockwood 4-H

OUALIFIERS

Bess Pezzini Spring 4-H Kyle Thorp Spring 4-H

SUPER STEER

Kenny Jefferson Spring 4-H



07-08 CLUB BOOKS

Congratulations and thank you to the clubs that have merited their charters by completing and turning in all the required paperwork on time.

Aromas Chualar King City Blue Ribbon Royal Oaks
Spring Buena Vista Gonzales Lockwood
San Benancio Springfield Carmel Valley Greenfield

Mission Santa Lucia

OTHER DUE DATES

October 15th:

• Clubs should have in their possession hard copies for new enrollment and hard copy signature forms from reenrolling members and volunteers.

November 3rd:

Club beginning of the year packets due:

- Club info sheet
- Signed Constitution, & By-Laws that have been voted on
- Club Budget
- Program Planning guide
- Check for Monterey County & State Program Fees
- Council Participation Fee Statement & Check
- New enrollment hardcopies including helmet policy
- Re-enrollees hard copies with signatures
- 4hOnline enrollment completed

To reserve the Large Conference Room Please call Lennis at 759-7353

REMINDER TO ALL COMMUNITY CLUB LEADERS:

Only the County Director (Sonya Hammond) can sign Facility Use Agreements, however the Oakland 4-H Office is the final authority, therefore any use agreements need to be in our office no less than 30 days before the event.



NEWS FROM THE 4-H PROGRAM REPRESENTATIVE WENDY GRENNAN 831-759-7386

wdgrennan@ucdavis.edu

SUMMER RE-CAP

- Congratulations to those members who placed and/or participated at the Salinas Valley Fair, Monterey County Fair and Santa Cruz County Fair.
- Thanks and congratulations to all the parents who made it through another fair season!!!
- A HUGE THANK YOU TO NANCY THORP for another spectacular camp in June with approximately 80 campers.
- An ENORMOUS THANK YOU TO JOANN ETCHISON & SHERYL JONES for another successful Food Booth at the Monterey County Fair raising approximately \$7,000!

The 4-H Pledge

I pledge my head to clearer thinking. Involves youth in exercising independence through 4-H leadership opportunities, to better understand themselves and become independent thinkers. This is especially important in today's society where youth are constantly tested to make safe and appropriate decisions. 4-H provides a base of "guided" experience in which the youth may use for future choices that must be made. It also gives them the confidence to gather information, understand issues and provide responsible leadership to other youth.

I pledge my heart to greater loyalty. Youth need to know that they are cared about and are important. 4-H helps youth to promote and strengthen social skills, for them to feel safe while participating in group activities, to form and nurture relationships with others, and very importantly, learn the values of empathy and sharing.

I pledge my hands to larger service. Youth need to feel their lives have meaning and purpose. By participating in 4-H community service and citizenship activities, youth can experience and practice giving to others. In our society, we have immediate gratification and "self" as the easy choices. 4-H provides the opportunity to develop and practice teamwork, leadership, and pride in helping others.

I pledge my health to better living. In order to develop self-confidence, youth need to feel and believe they are capable. They must experience success at solving problems and meeting challenges to develop their self-confidence. Through 4-h projects, they learn by doing. Youth learn how to critically think, make plans, work as a team, manage time, keep records, and manage finances. Often during the program, youth are exposed to opportunities for their future careers. The base that 4-H provides in developing a responsible, hard working, resourceful and caring youth is a true value added to our community and our world.



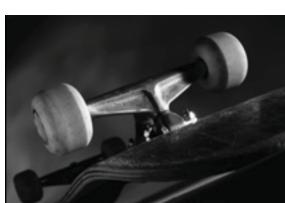
(Information taken from National 4-H Headquarters, Building Leaders of Tomorrow)



Safety Note

UNIVERSITY OF CALIFORNIX AGRICULTURE AND NATURAL RESOURCES ENVIRONMENTAL HEALTH AND SAFETY

Safety Note #23



Information available from the U.S. Consumer Product Safety Commission indicates more than 90,000 youth aged five to 19 years were treated in hospitals for skateboarding injuries during 2005. The most frequent injuries were to wrists followed by arms, heads, faces, feet, and hands. Broken bones, bruises, sprains, and lacerations were the most common types of injuries. Many of these injuries could have been prevented by being aware of potential hazards and using safe skateboarding practices.

Skateboarding Safety

- •Before using, always inspect the skateboard for damage or disrepair, including board separation, worn grip tape, sharp board edges, and nicked or cracked wheels.
- •If a skateboard fails your pre-use inspection, notify your group leader, parent, or guard ian. Do not use the skateboard until it has been repaired.
- The California Vehicle Code, Section 21212 (a) states that a person under 18 years of age shall not operate a skateboard unless that person is wearing a properly fitted and fastened bicycle helmet that meets the standards of either the American Society for Test ing and Materials (ASTM) or the United States Consumer Product Safety Commission (CPSC) or standards subsequently established by those entities.
- In addition to a helmet, it is a good safety practice to wear other personal protective equipment such as wrist guards, and elbow and knee pads.
- Use sunscreen when skateboarding outdoors.
- Inspect the area where you intend to skateboard for holes, cracks, bumps, obstructions, wet or muddy areas, and loose surface debris.
- Never skateboard in a street or other areas where vehicle traffic is present (e.g., parking lots).
- Obey posted signs that restrict the use of skateboards.
- Never "surf" vehicles whereby a skateboarder holds onto the back or side of a moving vehicle. Likewise, do not use bikes or dogs to tow skateboarders.
- Skateboard on surfaces and use maneuvers that are appropriate to your skill level.
- Skateboarding at nighttime is a dangerous practice unless done at a well-lighted area designated for skateboarding.
- Do not skateboard down steps or on railings, curbs, or park benches.
- Using a ramp to perform skateboarding stunts is dangerous and can result in serious injuries.
- Using headphones or talking on a cell phone while skateboarding is considered reckless because it is distracting and interferes with the skateboarder hearing sounds that indicate imminent danger.
- Skateboarders should always pay attention to what they are doing and remain alert to their surroundings.
- If you are injured while skateboarding, notify your project leader, parent, or guardian. Seek medical attention if the injury is serious.



NEXT 4-H COUNCIL MEETING

he next County Council meeting will be on Tuesday, November 18th 7:00 PM. Every adult volunteer and all youth members 14 years of age or older are eligible to be active members of the County Council. Please come and give your input, guidance, direction and leadership to the Monterey County 4-H YDP. We will begin reviewing the Livestock Policy for revision.



LOCAL CONTACT INFORMATION

Monterey County 4-H Program Representative Wendy Grennan can be reached directly at 831.759.7386 or wdgrennan@ucdavis.edu on Mondays, Tuesdays, Thursday, or Fridays.

MONTEREY COUNTY 4-H COUNCIL MINUTES

For the latest 4-H Council Minutes call the 4-H Office at 759-7386 or go to

http://cemonterey.ucdavis.edu/

Monterey County 4-H Calendar

October 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
Sep 2008 S M T W T 1 2 3 4 7 8 9 10 11 14 15 16 17 18 21 22 23 24 25 28 29 30	F S M 5 6 1 12 13 2 3 3 19 20 9 10 5 26 27 16 17	Nov 2008 T W T F S 1 4 5 6 7 8 11 12 13 14 15 18 19 20 21 22 25 26 27 28 29			San Benito County Fair	San Benito County Fair
5	6	7	8	9	10	11
National 4-H Week San Benito County Fair	National 4-H Week	National 4-H Week	National 4-H Week	National 4-H Week Yom Kippur	National 4-H Week	Kid Fest National 4-H Week
12 Kid Fest	13	14	News Notes	16	17	18 Fall Training Day
19	20 Farm Day Monterey	21	22	23	24	25
26 Daylight Savings Time Ends	27	28	29	30	31 State Record Books Due	

COMING EVENTS...

November		<u>December</u>	
3rd	Beginning of the Year Packets are due	1st	LCORT Applications Due
4th	Election Day	5th - 7th	State Record Book Judging
7th - 9th	State Leaders Forum	16th	Leaders Council Mtg
11th	Veterans Day	17th	News Notes Due
18th	Leaders Council Mtg	24th	Christmas Eve - Office Closed
19th	News Notes Due	25th	Christmas Day - Office Closed
27th	Thanksgiving Day - Office Closed		
28th	Office Closed		



UNIVERSITY OF CALIFORNIA COOPERATIVE EXTENSION MONTEREY COUNTY 1432 ABBOTT STREET SALINAS, CA 93901-4507

NON-PROFIT ORGANIZATION US POSTAGE PAID SALINAS, CA PERMIT NO. 495



Contact the office 72 hours in advance for special accommodations.

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MONTEREY COUNTY

4-H News Notes



October, 2008

Monterey County 4-H Youth Development Program Main Line (831) 759-7360

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4-H Program Representative
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Sonya Varea Hammond County Director (831) 759-7350 ~ <u>slvareahammond@ucdavis.edu</u>