



Cooperative Extension • Monterey County

# 4-H News Notes

September, 2008



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## 63rd Annual Monterey County 4-H Achievement Night Going Green



First Baptist Church  
Corner of Blanco & San Vicente  
Salinas, CA 93901

Friday, September 5th, 2008 7:00 pm

### To Make The Best Better!

University of California,  
U.S. Department of  
Agriculture, and  
County of Monterey  
cooperating

### NEW 4-H ENROLLMENT FEES FOR 2008-2009

**E**ffective July 1, 2008, the new enrollment fees for the 2008-2009 year will be:  
Youth Members - \$12.00 per year + \$4.00 (Cty Fee) + \$10.00 (Participation fee) = \$26.00

Adult Volunteers - \$6.00 per year + \$4.00 (Cty Fee) = \$10



### COUNTY WIDE VOLUNTEER ORIENTATION

Tuesday September 16th 6:00 pm at the 4-H Office

**THE TRAINING DVD WILL BE SHOWN BETWEEN 6:15 AND 7pm**

Resource packets will be distributed and gone over.

**LIVE SCAN FINGERPRINTING AVAILABLE ON SITE AT 7pm.**

By Andre Pompey of Security Direct Identification Company, LLC

There will be a \$25. fee - \$5.00 which will be donated back to 4-H

RSVP to Wendy at 759-7386 or wdgreennan@ucdavis.edu

1432 Abbott Street •  
Salinas, CA 93901

phone 831.759.7360  
fax 831.758.3018

[http://  
cemonterey.ucdavis.edu](http://cemonterey.ucdavis.edu)

## DUE DATES FOR COMMUNITY CLUB LEADERS:

**September 15th:** Club project list and club email addresses to set up club profiles for 4hOnline Enrollment, due to the 4-H office

**October 15th:** Clubs should have hard copies for new enrollees and hard copy signature forms from re-enrolling members and volunteers.

**November 3rd:** Enrollment packets are due to the county office.

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## STATE RECORD BOOK JUDGING

### Time Line

September 30, 2008 - Applications to Judge Due

October 31, 2008 - Books Due

December 5 - 7, 2008 - State Judging

**Age Eligibility for the 2008 Competition:** Senior 4-H members (at least 14 years of age and no older than 19 years old by December 31 of the program year for which the book is being entered) are eligible to enter state competition. This means that 4-H member born anytime in 1989, 1990, 1991, 1992, or 1993. (between January 1, 1989 and December 31, 1993.) are eligible.

**State 4-H Cover Page** - The State 4-H Judging Cover Page must be included with 4-H Record Books entered for State Judging. The Cover Page may not be altered. 4-H Record Books missing the Cover Page will be reason for disqualification.

**County Check Sheet** - A county check sheet must be included with 4-H Record Books entered for State Judging. A committee, authorized by the County 4-H Office, must complete the checklist and ensure the completeness of the 4-H Record Book. 4-H Record Books missing the Check Sheet will be reason for disqualification.

**Previous Years Materials** - Materials from all previous years in 4-H must be removed and replaced with a summary of your previous involvement in 4-H (the 4-H member may include all involvement as a 4-H member, including primary). These pages must be placed at the back of the 4-H Record Book and must conform to the standard formatting and page guidelines. More information is available in the 4-H Record Book Manual on page 35 - 36.

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## NEW POLICY REMINDERS:

go to <http://safety.uncar.org> to view the entire policy

Section 817 Water Safety - Certified Life Guards must be present for swimming or other activities where water contact is expected.

Section 818 Petting Zoos & Interactive Animal Displays – Petting Zoos must only feature small (i.e. animals weighing 100 pounds or less), miniature, or young animals, however newborns are not appropriate. Petting zoo animals shall be screened to eliminate those that exhibit aggressiveness, signs of illness, or other types of poor behavior.

Section 819 Policy on Search of Personal Property – Two (2) appointed adult volunteers, two (2) 4-H YDP staff members, or, one (1) appointed volunteer and one (1) 4-H YDP staff member, or one(1) appointed adult volunteer and one other adult, if one of the above three conditions is infeasible.

## NEW CURRICULUM BINDERS

(with level 1-3 booklets)

- Child Development
- Consumer Savvy
- Entrepreneurship
- Leadership
- Service Learning
- Microwave Magic
- Horse
- Woodworking
- Fantastic Foods
- Swine (2nd copy)
- Photography
- DVD'S:
- Geospatial
- BOOKS:
- Standard of Perfection
- (Standard Bred Rabbits & Cavies 2006-2010)
- Raising Better Rabbits & Cavies (Official Guide Book)



# LEADERSHIP CONFERENCE OF REGIONAL TEENS

**WHAT:** Leadership Conference Of Regional Teens (LCORT)

**WHEN:** Jan. 30-Feb. 1, 2009 / Check-in time: Jan. 30, 6-9 p.

**WHERE:** **Wonder Valley Ranch**  
6450 Elwood Road  
Sanger, CA 93657

**WHO:** \*7<sup>th</sup>-9<sup>th</sup> Grade 4-Hers  
\*County Leadership Teams (10<sup>th</sup> Grade & Above)  
\*State Ambassadors, Leaders and Staff

**COST:** \$95.00 – includes 2 nights lodging, 4 meals, (starting Saturday morning), snacks, and all registration materials (\$105 after December 1, 2008)

**THEME:** 4-Hers to the Rescue! Find Your Inner Super Hero!

**WHY:** To define and develop your leadership abilities. To have an opportunity to meet and share ideas with other youth your age. To expand your perspective on the world around you and to have an enjoyable time.



## **EVERY DELEGATE IS RESPONSIBLE TO...**

- \*Attend and participate in all sessions and activities.
- \*Act in accordance with the 4-H Code of Conduct.
- \*Be responsible for yourself and your belongings.
- \*Follow all facility rules.



## **BE SURE TO BRING WITH YOU...**

- \*Toiletries, personal items, towels, etc.
- \*Suitable changes of clothing (for 2 days), including a jacket.
- \*A sleeping bag or blankets and a pillow

## **PLEASE DO NOT BRING...**

- \*Food—Don't worry, you'll be well fed!
- \*Clothing that will not meet the dress code standards.
- \*Electronics or other valuables which you will not absolutely *need*.

## **ACCOMODATIONS:**

Dorm type rooms with 6 to 10 per room. Each room has a bathroom and shower. Sessions will be held in meeting rooms, and multipurpose rooms.

Personal stereos including, iPods and other MP3 players, cell phones, video games, etc. are **NOT ALLOWED** in sessions. ***The Sectional 4-H Council will not be responsible for lost or stolen articles.***

## **COUNTY OFFICES REGISTER ON-LINE USING WRP:**

County 4-H Offices should register their delegates online using the system at <http://ca4h.org/wrp/>

## HORSE PROJECT

- \* **Sept. 12th Reg. 10-** at Santa Cruz Co, Fair - Watsonville Halter, English, Western Reining
- \* **Carmel Valley Western Series**  
For more info contact Brenda Reese, 831-624-2829  
Entry Fees- \$25 for the day, Enter that day
- \* **Sept. 28th** Playday Format

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## MONTEREY COUNTY 4-H GLEANING

**T**he Buena Vista 4-H Club Activity Officers for 2008-2009 are Lizzie Prader and Kassie McIntyre. Community Service and giving back to our community is an important part of 4-H, we would like to invite you to participate in a Monterey County 4-H Gleaning on October 4, 2008.

After the fields are harvested, there is an abundance of high quality produce left in the field. The Ag Against Hunger gleaning program coordinates the picking of these crops left after commercial harvesting and donates the produce to local food banks and pantries to provide nutritionally sound food for the needy. To become involved and help make a difference, please meet at 8:45 am on Saturday, October 4, at 495 Brunken Ave, off of Abbott Street in Salinas. We will then caravan to the field from there.

Please note: All gleaners must wear comfortable clothes, closed shoes or boots, bring gloves, a hat, sun-screen, and a container to take fresh produce home with you. It is also necessary to download and print the waiver of liability for each gleaner, found on the Ag Against Hunger website [www.agagainsthunger.org](http://www.agagainsthunger.org). We need to get an approximate head count, please RSVP to Kassie McIntyre 455-2514 by October 1, 2008. As always, with our head, heart, health and hands, we are proud to thank you in advance.

Respectfully,

Lizzie and Kassie  
Buena Vista 4-H Activity Officers

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## EMERALD STAR PROJECT: Hug From US

by Kassie McIntyre, Buena Vista 4-H

Kassie,

The officers and crew of the USS Winston S. Churchill (DDG81) really appreciate your care packages. The packages were a hit with our Sailors.

Please give a special thank you to Ms. Keeley Phillips and Trenton for their thoughtful letters. We enjoyed them. Thank you very much for supporting our Navy.

Very Respectfully,  
F.I. Pyle  
Commanding Officer

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## Think like a chicken and tour the UC Davis campus....

**A**vian Sciences Day is a fascinating look into the world of poultry led by Dr. Francine Bradley. Each year, 4-H and FFA members from all over California come for an entertaining and educational half day session. A variety of speakers cover different topics in a comfortable theater style seating room. No chickens are allowed but bring a sack lunch and lots of questions!

There is no fee or reservations required but you can take part in a carpool to UC Davis or, take advantage of the day and to tour the campus!

Avian Sciences Day is Saturday, October 4th. Contact Michelle Palmer, Junior Specialist @ 530-752-9040. [mcpalmer@ucdavis.edu](mailto:mcpalmer@ucdavis.edu)

## Before You Buy an Animal for 4-H to Enter in a Fair:

1. Enroll in 4-H
2. Sign up for the project
3. Begin completion of 80% of club & project meetings
4. See your Project Leader to discuss your purchase



“In the final analysis it is not what you do for your children but what you have taught them to do for themselves that will make them successful human beings.”

-Ann Landers

## 4-H FACTS: DID YOU KNOW?

The State will no longer be using projects codes with the new 4hOnline Enrollment, only categories.

Projects require a minimum of 6 hours.

4-H age requirements are by January 1st, or on December 31st, not on January 1st.

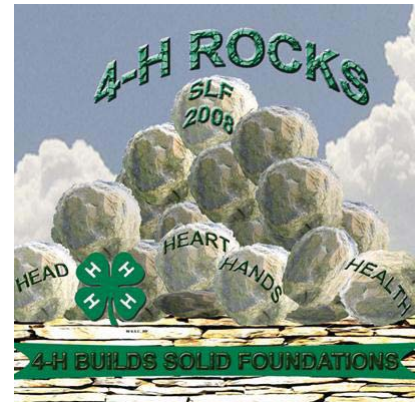
February 1st is the deadline to be enrolled in 4-H (new members), in order to show any animal in the spring/summer fair season.

June 1st is the deadline to add a project for the remainder of the 4-H year (July 30th).

### 2008 STATE 4-H LEADERS' FORUM

November 7-9, 2008

Get ready to rock the second weekend in November at California State 4-H Leaders' Forum. The 2008 Forum will be November 7-9 at beautiful Asilomar Conference Center in Pacific Grove, hosted by the South Central Section. The theme is "4-H Rocks." Volunteer leaders and staff will be "Building Solid Foundations" together for the 4-H youth development program.



#### PARTIAL LIST OF AVAILABLE WORKSHOPS AT STATE LEADERS FORUM 2008

Title	Description
Scented Rocks	Craft project or fundraiser.
California 4-H Youth Dev. Staff Leadership Plan	Two year goal plans with the role of volunteers explored.
Taking Projects Outside	Learn how to get your 4-Hers out to the great outdoors.
Cloverbud Connection	Using YES (youth experiences in science) curriculum.
Empathic Listening Skills	Learn how to listen so people want to talk.
Youth Development through Science	This hands-on workshop will use curriculum in a CD-ROM format
Rabbits: From the Animal's Point of View	This hands-on workshop will use curriculum in a CD-ROM format
Geocaching	Go on the scavenger hunt of the 21st century with GPS.
Website Design	Want to make a website of your own? Learn how.
Social Networking Websites	E-social networking, MySpace, Facebook, how to navigate and what to watch out for.
Presentation using Power Point	Prepare to present like a pro!
Statewide 4-H Opportunities	Learn how to engage 4-H members in opportunities outside the 4-H club or county level!
4-H Agua Pura Salmon and	To enhance understanding of salmon and steelhead, and the critical Steelhead Project relationship they have to healthy watersheds.
More Than Songs & S'Mores: Training Camp Staff	An important factor in creating a great camp experience is your camp staff. Includes topics in staff training.
Senior Send-Off with Aloha	Make handmade candy lei festooned with traditional green & white ribbons
Homemade Sentiments Rock!	Design your own greeting cards with a special twist.
Media Literacy, Career Paths	Making and editing a short film, the fun of learning by doing!



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& The Internet

To Your Health! The 4th H of 4-H A piloted 4-H health project curriculum for youth ages 9-12.

Focus on Citizenship Learn the 5 focus areas of the California 4-H Citizen Program

Travel with 4-H The Exchange Program has expanded its horizons to Finland!

Foundations of 4-H and The UC Connection Gain understanding of our roots, history & partnerships

County SET Plans How to develop a county 4-H SET plan and action team.

GPS and GIS In Action How youth can collect data using GPS & create maps using GIS.

Youth Adult Partnerships Building positive, meaningful, respectful relationships.

Conquering Intergenerational Communication Know the strength each group brings to the team.

Communication

Ethics and Animals: Resources to build strong ethical traits.

The Great Frontier

### WORDS DEFINED

#### DEADLINE

Pronunciation: [ded-lahyn]

-Noun

1. the time by which something must be finished or submitted; the latest time for finishing something: a five o'clock deadline.
2. a line or limit that must not be passed.
3. (formerly) a boundary around a military prison beyond which a prisoner could not venture without risk of being shot by the guards.

### 4-H IS GREEN & GETTING GREENER

Energy-Saving Actions:

1. Walk or ride a bike instead of always asking for a ride or using the car.
2. Use both sides of the paper.
3. Take short showers instead of a bath.
4. Turn the water off while brushing your teeth or washing your face.
5. Try to leave the refrigerator door open as little as possible.
6. Turn off all light when leaving a room.
7. When cold, put on a sweater instead of turning up the heat.
8. Turn off the television, computer, and other appliances when they are not being used.
9. Try to keep the heater's thermostat set between 65 and 68 degrees in the winter and the air conditioning thermostat at 78 degrees in the summer.
10. Recycle glass, paper, and aluminum whenever possible.



- The 2008 4-H Golden Clover Award program is seeking qualified 4-H members and volunteers to apply for the Robert Brownlee Science Award. Since no recipients were awarded a Brownlee Science

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To reserve the Large Conference Room Please call Lennis at 759-7353

### REMINDER TO ALL COMMUNITY CLUB LEADERS:

Only the County Director (Sonya Hammond) can sign Facility Use Agreements, however the Oakland 4-H Office is the final authority, therefore any use agreements need to be in our office **no less than 30 days before the event.**

### E-MAIL ADDRESSES

To be notified of current committees, date changes or just timely information - please call the 4-H Office at 759-7386 or email Wendy wdgreannan@ucdavis.edu with your most current email address. Wendy's office hours are Monday, Tuesday, Thursday, Friday, 8-5.



**On Aug. 20, 3 teams with members from Monterey and Santa Cruz counties participated in the state Avian Bowl competition. The Marvelous Mallards, with Ryan Porter, Josh Porter and Jessica Jensen placed 5th in the Junior division and the the Jr. Super Chicks with Novella Evans and Emily Yanez placed 3rd in the Junior Division. The Super Chicks with Greta Steinbruner and Amanda Lachica placed 3rd in the Senior Division.**

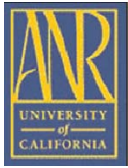
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Award during the initial 4-H Golden Clover Award selection process in June 2008, this category is being re-opened for additional applications. Due September 30, 2008.

<http://www.ca4h.org/4hresource/ir/goldenclover/2008GoldenCloverAwards-ReRelease.pdf>

- Lancaster County, PA 4-H Interstate Exchange program is looking for an exchange for either 2009-10 or 10-11 with any interested California 4-H groups. Scenic Lancaster County Amish country is centrally located close to Gettysburg, Philadelphia, Harrisburg, Washington DC and Hershey. For those interested, please contact Sharon Sherick at [ssherick@dejazzd.com](mailto:ssherick@dejazzd.com).
- The State 4-H Horse Classic - Championship Horse Show was held in late June at the Santa Cruz County Fairgrounds in Watsonville. It was nice weather, lots of fun with horses, and congratulations to the high point winners and class placings. The 2008 results are listed on the equine web site at <http://ca4h.org/projresource/horse/>. On the same page, you will also find a link to the Master Results from 1997-2008. The next event, State 4-H Equine Field Day, will be held in November in Southern California; location and date to be announced.
- The State 4-H Equine Education Advisory Committee has developed a survey to gather information about county 4-H horse programs. The due date for responses has been extended to August 15. A 4-H volunteer or staff member may take and it should take approx. 10 minutes to complete. We greatly appreciate your feedback regarding needs, current events and resources. Please go to <https://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=2662> to complete the survey online. Thank you to those counties who have already submitted their responses.
- Do you need money to carry out your service project? Each year the California State 4-H Office provides funds to members and volunteer leaders for service-learning projects through the California 4-H Service Learning RFP. Groups can request up to \$5,000 to fund activities that address significant environmental, economic and/or social issues affecting California's youth, families, and communities. The Service Learning RFP application is available on the web at: <http://www.ca4h.org/citizenship/funding/index.asp>. Examples of past projects are also listed. The application is due September 15, 2008.
- The volunteer leader website is a new interactive and growing site that can be seen at <http://ucanr.org/4-hvolunteers/>. There are sections that will change monthly, a 4-H Blog, 4-H Volunteer Voices, and updates in the program. We hope you'll enjoy seeing all the resources you need in one centralized location. In order to build this new section of the website, please send any recent stories of 4-H in the news in your community that you would like to share. You can email these stories to: [fourhstateofc@ucdavis.edu](mailto:fourhstateofc@ucdavis.edu)
- Applications for the 2009 National 4-H Conference are now being accepted from 4-H members (age 16-19), 4-H volunteers and 4-H staff. The National 4-H Conference is the Secretary of Agriculture's premier youth development opportunity to engage youth in developing recommendations for the 4-H Youth Development Program. Join the California delegation by applying by September 30, 2008. More information is available at <http://www.ca4h.org/conference/n4hc/index.asp>
- Want to help judge at the 2008 State 4-H Record Book Competition? Adult 4-H volunteer leaders are invited to apply to act as judges at the State 4-H Record Book Competition. Judge's arrive by 1:00pm on December 5 and judge December 5 through 7. Applications are due September 30, 2008 and available at <http://www.ca4h.org/4hresource/ir/recordbook/StateJudging2008/2008-Record-Book-JudgesApp.pdf>
- Do you have experience and interest in computers, the Internet, digital photography, GPS/GIS, or other tech area? Join the 2009 California 4-H Computer Corps! The 4-H Computer Corps increases the use and awareness of computer technology in the California 4-H Youth Development Program. 4-H members, age 15-19, 4-H volunteers and staff may apply by September 30, 2008.
- 4-H Fur N' Feathers show - Ventura County 4-H will be hosting its 2nd annual 4-H All Breed Shows & Jr. Showmanship Events on November 15, 2008. Entries are due by October 30th. For more information, please click <http://ca4h.org/4hresource/updates/attach/FurFeathers2008.pdf>. \*\*\* Please note - The Premium Book listed on the flyer will soon be posted on the website.





# Safety Note

UNIVERSITY OF CALIFORNIA AGRICULTURE AND NATURAL RESOURCES ENVIRONMENTAL HEALTH AND SAFETY

Safety Note #55 Safe Preparation & Handling of Fresh Fruit & Vegetables  
Clover Safe notes are intended primarily for 4-H volunteers and members nine years and older.

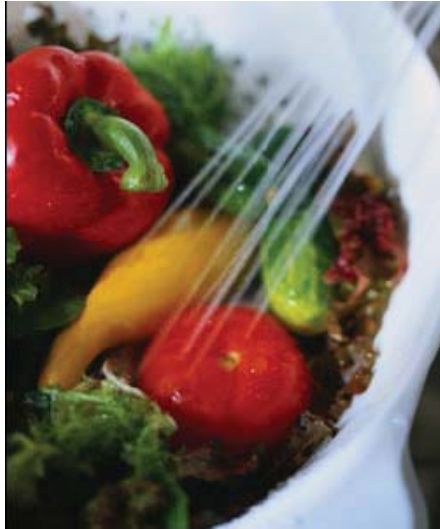


## NEXT 4-H COUNCIL MEETING

The next County Council meeting will be on Tuesday, September 16th 7:00 PM. Every adult volunteer and all youth members 14 years of age or older are eligible to be active members of the County Council. Please come and give your input, guidance, direction and leadership to the Monterey County 4-H YDP.

## MONTEREY COUNTY 4-H COUNCIL MINUTES

For the latest 4-H Council Minutes call the 4-H Office at 759-7386 or go to <http://ucce.ucdavis.edu/files/filelibrary/1598/15901.pdf>



Information available from the Centers for Disease Control and Prevention (CDC) indicates an estimated 76 million cases of foodborne disease occur each year in the United States. Although most of these cases cause mild illness that lasts a day or two, the CDC also estimates there are 325,000 cases that require hospitalization and 5,000 deaths related to foodborne illnesses annually. Foodborne disease is caused by the consumption of disease-causing microorganisms such as certain bacteria, viruses, and parasites. Fresh fruits and vegetables can become contaminated by fertilizers or with disease-causing microorganisms through contact with soils, water, harvesting equipment, raw sewage or fecal matter or other infected foods or food handlers. Foodborne disease from fresh fruits and veg-

etables can be prevented by following several simple food preparation and handling methods.

### Safe Preparation and Handling of Fresh Fruit and Vegetables

- Do not buy fresh fruit and vegetables that are bruised, moldy, gashed, or otherwise damaged.
- Keep fresh fruits and vegetables separate from meat, poultry, and fish in your shopping cart, checkout bag, and refrigerator.
- When purchasing cut fresh fruit or vegetables such as salad packages or melons, make sure they are properly packaged and refrigerated in the store. Keep cut fresh fruit or vegetables refrigerated at home and stored in sealed plastic bags or air-tight containers.
- Always thoroughly wash your hands with warm water and soap for at least one-half minute before and after you handle fresh fruit or vegetables.
- Always wash all surfaces and utensils with hot water and soap before and after fresh fruit and vegetables touch surfaces or utensils. Surfaces include cutting boards and counter tops and utensils include knives, peelers, and graters. Sanitize surfaces and utensils by wiping or rinsing them after being washed with a mixture of one teaspoon chlorine in one quart of water.
- Never place fresh fruit or vegetables on the same cutting board where raw meat, poultry, or fish have been unless the board has been thoroughly washed with hot water and soap and sanitized with the chlorine and water mixture.
- Rinse fresh fruit and vegetables with running water, including those having skins or rinds, such as oranges, that are not eaten.
- Fruit and vegetables with firm skins, such as potatoes and carrots, should be rubbed or scrubbed with a clean vegetable brush while being rinsed under running water. Gently use your hands to rub dirt from soft fruits and vegetables, such as peaches and tomatoes, while rinsing under running water.
- After cleaning and rinsing fresh fruit and vegetables, dry them with a clean cloth or paper towel.
- Within two hours, refrigerate all fresh fruit and vegetables that have been cut, peeled, or cooked.
- If fresh fruit and vegetables come in contact with raw meat, poultry, or fish, they must be cooked before eating.
- Each County Cooperative Extension Office has one staff member available for food safety training. Additional food safety information is available in the University of California Cooperative Extension brochure entitled



# Monterey County 4-H Calendar

September 2008

## LOCAL CONTACT INFORMATION

Monterey County 4-H Program Representative Wendy Grennan can be reached directly at 831.759.7386 or [wdgrennan@ucdavis.edu](mailto:wdgrennan@ucdavis.edu) on Mondays, Tuesdays, Thursday, or Fridays.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																														
	1 Cal State Fair <small>Labor Day - Office Closed</small>	2	3	4	5 Achievement Night - First Baptist Church	6																																																																																																														
7	8	9 Santa Cruz County Fair	10 Santa Cruz County Fair	11 Santa Cruz County Fair	12 Santa Cruz County Fair	13 Santa Cruz County Fair																																																																																																														
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**SAVE THE DATE:**  
Fall Training Day  
Saturday October 18th. More information to be announced.

## COMING EVENTS...

### October

- 3rd - 5th San Benito County Fair
- 5th - 11th National 4-H Week
- 11th - 12th Kid Fest
- 15th News Notes Due
- 18th Fall Training Day
- 20th Farm Day Monterey
- 26th Daylight Savings Time Ends
- 31st State Record Books Due

### November

- 3rd Beginning of the Year Packets are due
- 4th Election Day
- 7th - 9th State Leadership Conference
- 11th Veterans Day
- 18th Leaders Council Mtg
- 19th News Notes Due
- 27th Thanksgiving Day - Office Closed
- 28th Office Closed



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MONTEREY COUNTY

# 4-H News Notes

September, 2008

Monterey County 4-H Youth Development Program  
Main Line (831) 759-7360

Wendy Grennan  
4-H Program Representative  
(831) 759-7386 ~ [wdgrennan@ucdavis.edu](mailto:wdgrennan@ucdavis.edu)

Lennis Arriaga  
Department Secretary  
(831) 759-7353 ~ [lارriaga@ucdavis.edu](mailto:lارriaga@ucdavis.edu)

Sonya Varea Hammond  
County Director  
(831) 759-7350 ~ [slvareahammond@ucdavis.edu](mailto:slvareahammond@ucdavis.edu)

